

Dementia Friendly Spa Event

- **Friday, July 11 (10am-3pm)**
(one-hour service spots)
- **Hosted at Trio Salonspa in Waterloo**
(3850 Hammond Ave, Waterloo, IA)

People living with dementia & their primary caregivers deserve to be pampered! However, sometimes typical salon settings can be overwhelming. Dementia Friendly Cedar Valley is sponsoring a free spa service in a dementia friendly setting! **Participants can choose from one of the following one-hour spa services: facial, haircut/style, or pedicure.**

Registration required.

Call Megan at 319-287-1182 or email mzimmerman@nei3a.org to sign up for your service. **Call soon! Space is limited.**

What is a Dementia Friendly Environment?

- Trio SalonSpa stylists are trained on dementia and recognized as a Dementia Friendly Business.
- Background noise will be limited.
- Volunteer companions and dementia resource information will be available in waiting area.



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