



Dementia Friends Iowa

A Dementia Friendly America initiative



Join a growing movement of people like you who are helping fellow community members live with dementia.

Become a Dementia Friend!

You can become a Dementia Friend by attending a one-hour informational session to learn about living with dementia and the simple things you can do to support someone living with dementia.

What Happens at the Information Session?

This one-hour session is a session led by Dementia Friendly Iowa Coordinator, Megan Zimmerman. You'll learn some basics of dementia such as what dementia is, how it can affect a person, some tips for communicating with people who have dementia, other ways to support people living with dementia, and more about available local resources.

Free & Open to the Public!

Date: Monday, June 26

Time: 1-2pm or 7-8pm

Location: Pella Public Library
603 Main St., Pella, IA

No registration required.

Questions? Contact Megan:
mzimmerman@nei3a.org
or 319-287-1182



Presenter:
**Megan Zimmerman, Dementia
Friendly State Coordinator**
NE Iowa Area Agency on Aging

Hosted by:

