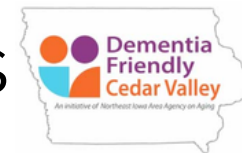


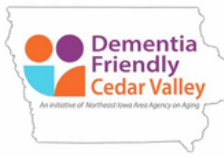
Dementia-Related Social Opportunities

in the Cedar Valley



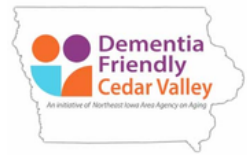
	WATERLOO CAREGIVER SUPPORT GROUP	CEDAR FALLS CAREGIVER SUPPORT GROUP	NEI3A CAREGIVER SUPPORT GROUP	CAREGIVER SUPPORT GROUP AT UNI DEMSIM HOUSE	MEMORY CIRCLE
Date & Time	3rd Thursday, 1 pm	1st Friday, 1 pm	1st Tuesday, 3pm	Every Tuesday, 1 pm	Every Tuesday, 2 pm
Location	Friendship Village (Private Dining Room, 2nd Floor- Village Terrace Building) 600 Park Lane, Waterloo, IA 50702	CedarStone Connection Room 4715 Algonquin Dr. Cedar Falls, IA 50613	First Presbyterian Church 505 Franklin St, Waterloo, IA 50703	UNI Dementia Simulation House 8712 University Ave, Cedar Falls, IA 50613	Cedar Falls Community Center 528 Main St, Cedar Falls, IA 50613
Virtual Option?	X	X	✓	X	X
Intended Audience	Caregivers	Caregivers, Spouses, Children, Person living with dementia	Caregivers, Person living with dementia	Spouses/Partners, Caregivers	Spouses, Caregivers, Person living with dementia
Facilitator Name	Bev McCadam	Briget Meyer	Anne Marie Kofta	Eran Hanke	Mary Fogarty
Contact Information	sbmccadam@gmail.com	brigetmeyer@ecumen.org (319)-486-8383	akofta@nei3a.org (319)-287-1166	dementia.simulation@uni.edu	mailmrf@cfu.net
Description	Support group for family members of people living with dementia, open to the public. Alzheimer's Association Affiliated	Safe space for friends/family/caregivers and those with dementia to share their experiences. Alzheimer's Association Affiliated	General support group for anyone in an informal caregiving role.	Open to the public support group for caregivers and spouses/partners of someone with dementia.	A safe space for social interaction. Anyone is welcome, no registration required.

Contact mzimmerman@nei3a.org with any updates or requests to change this document.



Dementia-Related Social Opportunities

in the Cedar Valley



	DEMENTIA ENGAGEMENT SESSIONS	FRIENDS MEMORY CAFE	WAVERLY CAREGIVER SUPPORT GROUP	INDEPENDENCE CAREGIVER SUPPORT GROUP
Date & Time	3rd Wednesday, 10 am	1st Wednesday, 10 am	1st Tuesday, 12:30 pm	3rd Wednesday, 6 pm
Location	Prairie Pkwy Garden 5100 Prairie Pkwy Cedar Falls, IA 50613	Hartman Reserve Nature Center 657 Reserve Dr., Cedar Falls, IA 50613	Waverly Health Center 312 9th St SW, Waverly, IA 50677	Independence Public Library 805 1st St E, Independence, IA 50644
Virtual Option?	X	X	X	X
Intended Audience	Individuals with dementia and carepartners (caregivers must accompany their loved one)	Individuals with dementia and carepartners (supportive person must accompany person with dementia)	Individuals living w/dementia are welcome to attend a music therapy w/Kara while caregivers attend support group	Caregivers, Spouses, Partners and/or Children
Facilitator Name	Rich Congdon	Theresa Johnson	Kristi Barnett & Kara Rewerts	Sarah Zimmerman
Contact Information	rjcongdon@gmail.com grow@parkwaygarden.org	(319)-214-0711	kbarnett@waverlyhealthcenter.org krewerts@waverlyhealthcenter.org	welcomeindy@prairiehillsliving.com
Description	Garden and greenhouse for those with dementia to garden and make social connections.	Call to reserve your spot. Supports leisure for people living with dementia; Nature-related activities	Support group for caregivers; music therapy for people living with dementia. Alzheimer's Association Affiliated	Safe space to share stories and difficulties. Alzheimer's Association Affiliated