



Dementia-Related Social Opportunities

Online Options

	DEMENTIA MENTORS	AFTD SUPPORT GROUP	WITHOUT WARNING	LORENZO'S HOUSE	ALZHEIMER'S ASSOCIATION YOUNG ADULT CAREGIVER SUPPORT GROUP
Date & Time	Various	2 nd Thursday, 6:30-7:30 PM	Various	Various	3 rd Wednesday, 6:30-7:30 PM
Location	dementiamentors.org	Zoom	withoutwarning.net	lorenzoshouse.org	Zoom
Intended Audience	People living with dementia	Caretakers for those living with dementia	People living with younger onset Alzheimer's, their family members, friends, and healthcare staff	People living with younger onset dementia, care partners, family members, and those who have lost a loved one	Young Adult caregivers of people living with dementia
Facilitator Name	Various	Deb Scharper	Susan Frick	Various	Iowa Chapter of the Alzheimer's Association
Contact Information	dementiamentors@gmail.com	dscharper@theaftd.org 641-220-5701	312-942-5359 withoutwarning@rush.edu	info@lorenzoshouse.org	iowa@alz.org Register at: https://alz-org.zoom.us/joining/register/tJErdOurqzlrGtUQgPdQ24juwU3qxZn550WJ
Description	Host to many virtual memory cafes and free one-on-one mentorship.	Iowa based group that provides a great way to interact with other caregivers going through the dementia journey with their loved ones.	Chicago based support program for those living with younger onset Alzheimer's. Includes music therapy group, caregivers group, and dementia support group.	Host to many programs, including groups for young caregivers, male/female spouses, and a music/movement group.	Iowa based virtual support group for young adult caregivers of those living with dementia.

Contact ehill@nei3a.org with any updates or requests to change this document.

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