Dementia-Related Social Opportunities

Black Hawk County

	WATERLOO CAREGIVER SUPPORT GROUP	WATERLOO CAREGIVER SUPPORT GROUP #2	CEDAR VALLEY SUPPORT GROUP SPONSORED BY UNI	CEDAR FALLS CAREGIVER SUPPORT GROUP
Date & Time	3rd Thursday, 1pm	3rd Wednesday, 1pm	Every Tuesday, 1pm	1st Friday, 1pm
Location	Friendship Village (Private Dining Room, 2nd Floor- Village Terrace Building) 600 Park Lane, Waterloo, IA 50702	Friendship Village (Village Place- Balcony Lounge 2nd Floor) 3720 Village Place, Waterloo, IA 50702	Bartlett Hall on the UNI Campus 1200 West 23rd Street Cedar Falls, Iowa 50614 Conference Room Bartlett Hall #0081 enter through door N2 (off of 23rd St)	CedarStone Connection Room 4715 Algonquin Dr. Cedar Falls, IA 50613
Virtual Option	x	x	x	x
Intended Audience	Caregivers	Caregivers	Spouses/Partners, Caregivers	Caregivers, Spouses, Children, Person living with dementia
Facilitator Name	Bev McCadam	Bev McCadam	UNI Dementia Simulation House Team	Sara Strickler
Contact Information	blmccadam@gmail.com 319-291-8252	blmccadam@gmail.com 319-291-8252	dementia.simulation@ uni.edu 319-273-5765	sstrickler@ cedarstoneseniorliving.com 319-215-3761 319-595-2060
Description	Support group for family members of people living with dementia, open to the public.	Support group for family members of people living with dementia, open to the public.	Open to the public support group for caregivers and spouses/partners of someone with dementia.	Safe space for friends, family, & caregivers and those with dementia to share their experiences. Alzheimer's Association Affiliated.

Contact dementiafriendlyiowa@nei3a.org with any updates or requests to change this document.

Updated: 1/26

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Black Hawk County

	DEMENTIA GARDEN ENGAGEMENT SESSIONS	HARTMAN RESERVE FRIENDS MEMORY CAFE	NEI3A CAREGIVER SUPPORT GROUP	MEMORY CIRCLE
Date & Time	3rd Wednesday, 10am In Summer	1st Wednesday, 10am	2nd Thursday, 10am	Most Tuesdays, 2pm
Location	Prairie Pkwy Garden 5100 Prairie Pkwy Cedar Falls, IA 50613	Hartman Reserve Nature Center 657 Reserve Dr., Cedar Falls, IA 50613	NEI3A Office 201 Tower Park Drive Suite 100 Waterloo, Iowa 50701	Cedar Falls Community Center 528 Main St, Cedar Falls, IA 50613
Virtual Option	x	x	✓	x
Intended Audience	Individuals with dementia and carepartners (caregivers must accompany their loved one)	Individuals with dementia and carepartners (supportive person must accompany person with dementia)	Caregivers	Spouses, Caregivers, Person living with dementia
Facilitator Name	Rich Congdon	Theresa Johnson	NEI3A Staff	Mary Fogarty
Contact Information	rjcongdon@gmail.com & grow@parkwaygarden.org	(319)-214-0711	800-779-8707	mailmrf@icloud.com
Description	Garden and greenhouse for those with dementia to garden and make social connections.	Call to reserve your spot. Supports leisure for people living with dementia; Nature-related activities	General support group for anyone in an informal caregiving role.	A safe space for social interaction. Anyone is welcome, no registration required.

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