



Dementia-Related Support Opportunities

Dubuque County

	UNIFIED THERAPY	MEMORY CAFE	CARE FOR THE CAREGIVER	NEI3A SUPPORT GROUP
Date & Time	Open Monday-Friday	2 nd and 4 th Thursdays 10-11:00am (Starting in March)	Mondays at 1:30	Mondays 2-3PM (Zoom) Last Monday 2-3PM (In-Person)
Location	4135 Pennsylvania Ave Dubuque 1690 Elm St Suite 230 Dubuque	Varies	Church of the Resurrection 4300 Asbury Road, Dubuque	NEI3A Dubuque office 2728 Asbury Road, Fountain Park Springs Building #430, Dubuque
Virtual Option	✓	x	x	✓
Intended Audience	People living with dementia and their caregivers	People with memory impairment and their caregivers	Caregivers of those with dementia	Caregivers
Facilitator Name	Kersten Yutzy, Speech Therapist Michelle Sullivan, Physical Therapist	Jolene Koopmann	Mary Schmidt	NEI3A Staff
Contact Information	Unifiedtherapy.com Kersten: kersteny@unifiedtherapy.com Michelle: michelles@unifiedtherapy.com	563-690-9679 jkoopmann@stonehilldbq.com	563-556-7511	563-588-3970
Description	Speech and physical therapy. Also offers inservices to caregivers	Seasonal programs, activities, and social time Register by Monday before attending	Support group for caregivers. Includes separate group for loved one	Support group for caregivers, which includes online or in-person options

Contact ehill@nei3a.org with any updates or requests to change this document.



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	CAREGIVER RESOURCE CENTER SUPPORT GROUP	CAREGIVER RESOURCE CENTER VIRTUAL SUPPORT GROUP	ASBURY SUPPORT GROUP	LEWY BODY DEMENTIA SUPPORT GROUP	PARKINSON'S SUPPORT GROUP
Date & Time	1 st Thursday 2-3 PM	3 rd Thursday 2-3 PM	2 nd and 4 th Thursday 2-3 PM	3 rd Tuesday, 4-5PM	3 rd Saturday 10-11 AM
Location	Caregiver Resource Center - 3485 Windsor Ave., Dubuque	online	Asbury Library - 5290 Grand Meadow Dr., Asbury	Caregiver Resource Center - 3485 Windsor Ave., Dubuque	UnityPoint -Finley Hospital: 350 N. Grandview Ave, Dubuque- Woodward Auditorium
Virtual Option	x	✓	x	x	x
Intended Audience	Caregivers	Caregivers	Caregivers	Caregivers of those with Lewy Body dementia	People with Parkinson's and their caregivers
Facilitator Name	Taylor Hummer	Taylor Hummer	Taylor Hummer	Jackie Weeber	Judy Osterhaus
Contact Information	563-690-9679 thummer@stonehilldbq.com	563-690-9679 thummer@stonehilldbq.com	563-690-9679 thummer@stonehilldbq.com	563-690-9679 thummer@stonehilldbq.com	judyosterhaus@gmail.com
Description	General support group for anyone in an informal caregiving role.	Virtual option for those in an informal caregiving role	General support group for anyone in an informal caregiving role	Discussion, education, and sharing for caregivers of those with Lewy Body	Support group for those with Parkinson's and includes members with related dementia